

## MY LIFE VICTORY PLAN

Beginning on \_\_\_\_\_ 20\_\_ and Ending on \_\_\_\_\_ 20\_\_

	<i>SPECIFIC GOALS</i>	<i>HOW TO ACCOMPLISH</i>	<i>ESTIMATED COMPLETION DATE</i>
<b>MONEY &amp; FINANCES</b> Total Income: _____ Savings/Investment: _____ Debt Elimination: _____			
<b>CAREER &amp; BUSINESS</b> New Projects, partnerships, expansion, new products/ services, sales, new ventures, relationships.			
<b>FUN &amp; RECREATION</b> Vacations, trips, sports, reunions, special events.  Number of weeks off: _____			
<b>HEALTH &amp; WELLNESS</b> Lose/gain weight, exercise program, nutritional habits, medical, sports, knowledge			
<b>RELATIONSHIPS</b> 1. Family-spouse, children, parents, siblings. 2. Personal-Friends (local & long distance), mentors 3. Business-strategic alliances, mentors, partners, clients, staff, colleagues			
<b>PERSONAL GROWTH</b> 1. Anything I personally want to have, be or do. 2. Education-courses, professional speaking, consulting, reading, etc. 3. Spiritual-courses, Bible study, church, relationships, retreats.			
<b>COMMUNITY</b> Charitable, community, Mentoring, church.			
<b>PHYSICAL ENVIRONMENT</b> Living Space, Decorating, Organizing Gardening, Building			

Adapted from: The Power of Focus, Jack Canfield, Mark Victor Hansen, Les Hewitt

Does your goal fit with your definitions of success?	Is your goal meaningful and aligned with your values?	Is your goal specific and measurable?	Is your goal realistic?	Is your goal exciting and challenging yet flexible?
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