

MY LIFE VICTORY PLAN

Beginning on _____ 20____ and Ending on _____ 20____

	<i>SPECIFIC GOALS</i>	<i>HOW TO ACCOMPLISH</i>	<i>ESTIMATED COMPLETION DATE</i>
MONEY & FINANCES Total Income: _____ Savings/Investment: _____ Debt Elimination: _____			
CAREER & BUSINESS New Projects, partnerships, expansion, new products/ services, sales, new ventures, relationships.			
FUN & RECREATION Vacations, trips, sports, reunions, special events. Number of weeks off: _____			
HEALTH & WELLNESS Lose/gain weight, exercise program, nutritional habits, medical, sports, knowledge			
RELATIONSHIPS 1. Family-spouse, children, parents, siblings. 2. Personal-Friends (local & long distance), mentors 3. Business-strategic alliances, mentors, partners, clients, staff, colleagues			
PERSONAL GROWTH 1. Anything I personally want to have, be or do. 2. Education-courses, professional speaking, consulting, reading, etc. 3. Spiritual-courses, Bible study, church, relationships, retreats.			
COMMUNITY Charitable, community, Mentoring, church.			
PHYSICAL ENVIRONMENT Living Space, Decorating, Organizing Gardening, Building			

Adapted from: The Power of Focus, Jack Canfield, Mark Victor Hansen, Les Hewitt

Does your goal fit with your definitions of success?	Is your goal meaningful and aligned with your values?	Is your goal specific and measurable?	Is your goal realistic?	Is your goal exciting and challenging yet flexible?
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